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Bed Bugs Are Back!!

You probably have heard the old saying, "Sleep tight, Don't let the bed bugs bite". That saying hasn't had much meaning for most of us because bed bugs have been considered to be non-existent in most countries. That's changed. They are back and they don't care whether you are in a five star hotel or a no star. Sanitation or cleanliness makes no difference to bed bugs.



Bed bugs are parasitic insects of the cimicid family that feed exclusively on blood. The term "Bed Bug" most commonly refers to members of the genus *Cimex* of which *Cimex lectularius*, the common bed bug, is the best known because it prefers to feed on human blood. Other *Cimex* species target other animals, e.g., bat bugs, *C. pipistrelli* (Europe), *C. pilosellus* (western US), and *C. adjunctus* (entire eastern US).

The name "bed bug" comes about from the preferred habitat of *Cimex lectularius*: warm houses and inside of beds and bedding or other sleep areas. Bed bugs are mainly active at night, but are not exclusively nocturnal. They usually feed on their hosts without being noticed.

A number of adverse health effects may result from bed bug bites, including skin rashes, psychological effects, and allergic symptoms. Determining their presence involves both finding bed bugs and the occurrence of indicative symptoms.

Bed bugs have been known as human parasites for thousands of years. In the early 1940s, they were considered mostly eradicated in the developed world, but have since increased in prevalence. The reasons for their spread is in debate but thought to be due to changes in available pesticides and an increase in widespread travel.

At Russ Pest Control we use a variety of methods to control bed bugs. What we use is tailored to the specific situation of where and what we are servicing. One of the newest additions to our arsenal of tools is [Lucky](#) . Lucky is a rescue dog who we have trained to find bed bugs. Lucky is now an accredited bed bug detection canine who has shown great skill at finding even the smallest infestation.



~~World Detector Dog Organization is a non-profit organization that provides training and certification for Bed Bug Detector Dogs, a~~